

# DIFADERM®

## Topical Gel

**Dear patient,**

**Please read the following instructions carefully. They contain important information about the use of this medicine. If you have any further questions, please ask your doctor or pharmacist.**

### **Information about DIFADERM**

DIFADERM is available as 0.1% and 0.3% topical gel.

DIFADERM 0.1% topical gel contains 0.1% adapalene.

DIFADERM 0.3% topical gel contains 0.3% adapalene.

The excipients are: potassium sorbate, sodium edetate, carbomer, ethoxydiglycol, sodium hydroxide and purified water.

DIFADERM gel is for topical use.

Adapalene belongs to a class of medications called retinoids.

DIFADERM gel is used for adults and adolescents aged 12 years and older for the treatment of acne (blackheads, spots and pimples) on the face, chest or back.

### **The way to use DIFADERM**

Use DIFADERM as directed by your doctor.

Wash your hands before and after applying the gel.

DIFADERM should be applied once daily at night before bedtime.

Wash the affected area with mild soap and water, dry the skin then, apply a thin film of the gel with your fingertips to the affected areas and rub in gently.

### **Duration of treatment**

The duration of treatment will be decided by your doctor. Do not discontinue the treatment without consulting your doctor.

Therapeutic results will be noticed after several weeks of treatment. Do not be discouraged if you see no immediate improvement. Do not stop treatment at the first signs of improvement.

### **In case of overdose**

Skin redness and irritation may develop if the gel is applied excessively. Wash the extra away with mild soap and water.

If you accidentally swallow the gel, please contact your doctor and seek emergency medical attention. General measures should be adopted.

### **In case of missed dose**

Skip the missed dose and continue with your regular dosing schedule the following day before bedtime. Do not apply a double dose at once.

### **Contraindications**

This drug is contraindicated in the following conditions:

- Hypersensitivity to adapalene or to any of the excipients
- Pregnancy or planning to become pregnant

### **Precautions**

- This medication is for external use only. Do not swallow. Avoid contact with your eyes, lips, nose, mucous membranes, open sores, wounded, burned or irritated skin.
- Avoid excessive exposure to sunlight and sunlamps and use a sunscreen.
- Avoid using cosmetic products that have irritating, drying or peeling effect on the skin.
- Contact your doctor in case of sensitivity or severe irritation when applying the gel, it may be necessary to reduce the frequency of application or discontinue the medication.

- Do not use this medication in case you have eczema or seborrheic dermatitis.
- Contact your doctor before using this medication in case of lactation.
- In case of unexpected pregnancy, treatment should be discontinued.

**Associations with other medications**

Please inform your doctor if other medications are being taken or have been taken recently.

- Caution should be taken when used with other acne medication especially if it contains sulfur, resorcinol, or salicylic acid.
- When using this medication with other topical acne medications like benzoyl peroxide, erythromycin or clindamycin, it is best to use DIFADERM at night while the others in the morning.

**Adverse reactions**

Most reported adverse reactions include discomfort, itching, irritation, burning sensation, redness and dryness of the skin.

Inform your doctor if any side effect appears or becomes bothersome.

**Storage**

Store at controlled room temperature (up to 30°C), protected from light and humidity, beyond the reach of children. The expiry date is printed on the pack; don't use this medicine after this date.

**Pack Presentation**

DIFADERM topical gel, Adapalene 0.1%, tube of 30 grams

DIFADERM topical gel, Adapalene 0.3%, tube of 30 grams

**Issue date: 01/2022**

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Manufactured by Mediphar Laboratories -Lebanon